BUSA 2150 Optional Career Coaching Intake Form

Date: ____________________________

Last Name: ____________________________  First Name: ____________________________

Student ID: ____________________________  Phone: ____________________________

Major you are considering:

☐ ________________________________________________________________

In planning for this meeting, what areas are you seeking assistance from your Career Coach?

☐ Choosing my major/career path ________________________________________________
☐ Confirming my major _________________________________________________________
☐ Changing my major _________________________________________________________
☐ Researching majors/career paths ______________________________________________
☐ Other ________________________________________________________________

What obstacles/challenges are you facing in your Career Planning Progress? Mark any that apply

☐ Indecisiveness _____________________________________________________________
☐ Lack of information _________________________________________________________
☐ Too many interests _________________________________________________________
☐ Too much information _______________________________________________________
☐ Lack of interests _________________________________________________________
☐ Academic issues __________________________________________________________
☐ Low motivation ___________________________________________________________
☐ Low confidence ___________________________________________________________
☐ Health Issues ____________________________________________________________
☐ Other _________________________________________________________________
☐ ________________________________________________________________

What was your take-away from the YouScience Inventory? ____________________________

Do you have access to a computer with access to the internet beyond your smartphone? ____________________________

Rate your skill level on your Internet Research abilities:

☐ Beginner
☐ Intermediate
☐ Advanced

O V E R
What is the most important thing you would like to accomplish working with your Career Coach?

Who/what have been some of the biggest influencers in your career interests and why?

If you could do anything you wanted in your career, what would it be and why?

What are some of the majors you have considered so far and why?

What are some of your favorite academic classes/subjects and why?

What are some of your least favorite academic classes/subjects and why?

Tell me about your strengths, skills and/or talents?

Tell me about your past work, internships or volunteer experiences that you have liked and/or disliked?

***You are welcome to bring a working copy of your current resume to this meeting.